

Perez Hilton is

lying about his new body docs say



Perez Hilton claims he got his ripped new bod through diet and exercise, but the doctors with whom we consulted strongly disagree. Read on to find out why.

Gossip blogger Perez Hilton has gone from flab to fab, but although he claims his remarkable transformation is from 100 percent legit diet and exercise, not all the experts agree.

SheKnows asked two prominent plastic surgeons their opinions on Hilton's fab abs, and both agree that he probably did get at least a little nip tuck.

"Perez Hilton most likely underwent abdominal contouring. As there is clear muscle definition, Perez most likely had abdominal liposuction," opined board-certified plastic surgeon Dr. Elie Levine.

"Additionally, when he is hunched over, there is mild to moderate skin excess visible, which is the result of a large amount of fat being removed from that area."

"Perez also may have had light liposuction contouring of the chest area and possible gynecomastia surgery."

Levine isn't denying that Hilton dropped some serious lbs, but said that does not explain his new definition. "Perez obviously lost a significant amount of weight, and therefore may have had a neck lift or neck liposuction to contour his neck area. He also may have grown a beard in an effort to camouflage the early signs of healing."

Dr. Richard Chaffoo is a bit less strident in his opinion. "He may have undergone liposculpture with etching of abdominal muscles but all the definition is more the result of a good personal trainer, diet, and exercise combined," the doc said.